

Regeneration Connect

Edition 5
Winter 2026



Comhairle Cathrach
& Contae **Luimnigh**

Limerick City
& County Council

48 New Homes Help to Re-energise Four Communities

Tenants have moved into homes in Regeneration areas in recent weeks and months. As well as new builds, the delivery of refurbished properties back into use has seen families start their next chapter under a new roof.

These include a range of new one-bedroom, two-bedroom and three-bedroom homes in Churchfield, O'Malley Park where 26 units were delivered. Meanwhile, a further 10 homes were provided in Moyross, which were constructed in Delmege Park and Hartigan Villas.

In addition, a further 12 homes were refurbished and re-energised and are now restored as family homes.

The investment in modernising these homes took place in Carew Park, O'Malley Park, Ballinacurra Weston, St. Mary's Park and Moyross.



Thomond RFC - A Field of Dreams Starting to Take Shape

Mayor John Moran was on site at Thomond RFC last Autumn, along with enthusiastic players and volunteers of the club. The sod-turning marked the start of the works for the provision of a new full-sized rugby pitch and additional training area, as well as other associated works.

Martins Construction will deliver the project, which is being funded under the Limerick Regeneration Framework Implementation Plan by the Department of Housing, Local Government and Heritage.

This improvement in facilities will continue to see Thomond RFC grow their underage offering and allow them to be an even greater part of the Northside of the city, where their membership is predominantly drawn from.

The club returned to the Men's All Ireland League this season and has three adult teams, 11 underage teams, as well as being one of the first Clubs in Munster to include an assisted needs rugby team - 'Thomond Rugby for All'.

The pitch project is on course and due to be concluded in Spring 2026.

First Waves: Gentle Baby Swim Lessons Strengthen Skills and Smiles

Our Lady of Lourdes Community Services Group in Ballinacurra Weston organised a block of baby swimming lessons for the Baby Bonds and Beyond Group. This allowed families a gentle and enjoyable introduction to the water in a safe and nurturing environment. The sessions were specifically designed for young toddlers and were delivered by qualified instructors in Aura Grove Island Pool & Leisure Centre using play-based, age-appropriate activities.

The children attended the lessons alongside their parents, Family Support Worker and Our Lady of Lourdes Early Years Service staff to provide additional support and reassurance.

The focus was on familiarisation with water, building confidence and supporting early physical development. Key physical aspects of balance and coordination were central, while the parent-child relationship was strengthened, in a calm and encouraging setting.



Southill Play Space and Associated Landscape Open to Youngsters

The Southill Play Space has welcomed the children from Southill and surrounding areas since it opened last summer. The new playground is a major investment in a vibrant, inclusive community amenity.

Officially opened in splendid sunshine by Príomh Chomhairleoir, Cllr Catherine Slattery, there was excitement in the air as youngsters got their first chance to play within the new space.

Southill Hub, Southill Residents Association & Tidy Towns Committee, Southill Family Resource Centre, Tait House Community Enterprise and Southill After Schools Club all played vital roles along the way, with Limerick based company McSweeney Sports Surfaces delivering the final product.

Funding for this came from the Department of Housing, Local Government and Heritage, under the Limerick Regeneration Framework Implementation Plan.



Southill Play Space is now open to children aged 3+, who are to be accompanied by an adult.

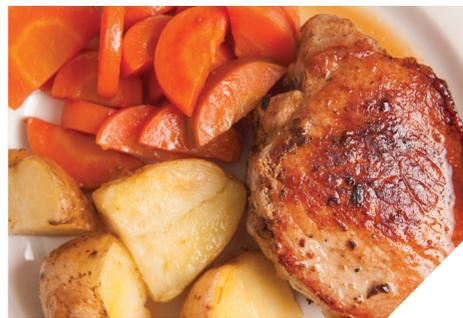
King's Island Free Dinner Trust

Each Sunday, the Free Dinner Trust (FDT) helps to provide up to 100 dinners, free of charge, to those disadvantaged by homelessness and poverty within Limerick city. King's Island Community Centre is a welcoming home for this project.

The Trust is a hospitable and inclusive community, acknowledging the differing circumstances, preferences and abilities of individuals. The Trust provides opportunities and encourages all individuals within the FDT community to flourish, with particular concern for those who are disadvantaged.

The high-quality and hearty meals have been popular each Sunday (between 1-3pm) and will continue to make a difference to the King's Island and wider Limerick city community.

For more visit Limerick Island Community Partners on Facebook or visit www.freedinnertrust.ie



Southill:

Running up that Hill - Back 2 Boston Project - John Kinsella (in yellow) runs through Southill alongside neighbours and friends. For more see back2boston.ie

Ballinacurra Weston:

Paul Tracey has recently joined Our Lady of Lourdes as the Health, Wellbeing and Fitness Coach. For more contact OLOL CSG on 061 228 596 or call in Monday - Friday.



Moyross:

Crafty Ladies! Moyross Community Enterprise Centre held a Crafts Fair in December - showcasing talent, creativity and the unrelenting community spirit in Moyross.

St. Mary's Park:

A Free Christmas Dinner Event held on December 21st at King's Island Community Centre was the ideal time for neighbours to mingle and get ready for Christmas.

