

TRAILHEAD Community Centre, Anglesboro, Co Limerick

SERVICES Anglesboro, Mitchelstown (10km)

DIST / TIME 13km / 3hrs - 4hrs

DIFFICULTY Moderate

TERRAIN Green roads and forestry roads

MIN. GEAR Hiking boots, raingear, liquids and mobile phone

8 17'22"W (Anglesboro Church Carpark) 52 20'25"N **GPRS**



Paradise Hill Loop

The town of Mitchelstown is situated just off the M8 (the main motorway from Dublin to Cork). From the roundabout on the northern side of Mitchelstown take the R513 in the direction of Kilfinnane. After 2km veer right at a Y-junction staying on the R513 in the direction of Ballylanders, and 4km later turn right at a road junction (signposted Anglesboro). A journey of 2km takes you into the village of Anglesboro – the trailhead is located at the Community Centre on your right.

Directions

- A-B. Starting from the community centre car park in Anglesboro, follow the green (and purple) arrows downhill and veer right at the road junction. The purple arrows are for the longer Benard Loop. Pass Lane's Shop on your right and continue out of the village and uphill to join a laneway on your right. Turn right here.
- B-C. Follow the green and purple arrows along the laneway and into the forestry across Paradise Hill. On the descent watch for a stile on your right as both loops turn into the forestry. After 50m the loop turns right, follow the forestry road for almost 2km to reach a 3 way junction, where the Benard Loop turns right - but you continue straight. After 200m you reach another 3-way junction. The Benard Loop turns right here while you continue straight to stay on the Paradise Hill Loop.
- C-D. Now follow both loops for 200m to reach a T-junction where you turn right, and after 300m take a sharp left. Continue a long ascent to the highest point of the loop on the shoulder of Temple Hill. Fine views open up on your left as you descend to reach a sharp left turn where the loop turns right and crosses a stile into a field and turns left and downhill.
- D-A. The loop descends for 200m to reach the stile you crossed at B above. This time continue straight and rejoin the outward section of the loop on the return to the trailhead.

Ballyhoura Office 063 91300, Emergency 112, Office hours Monday to Friday from 9am - 5pm Dogs must be kept on a lead at all times. www.visitballyhoura.com

















