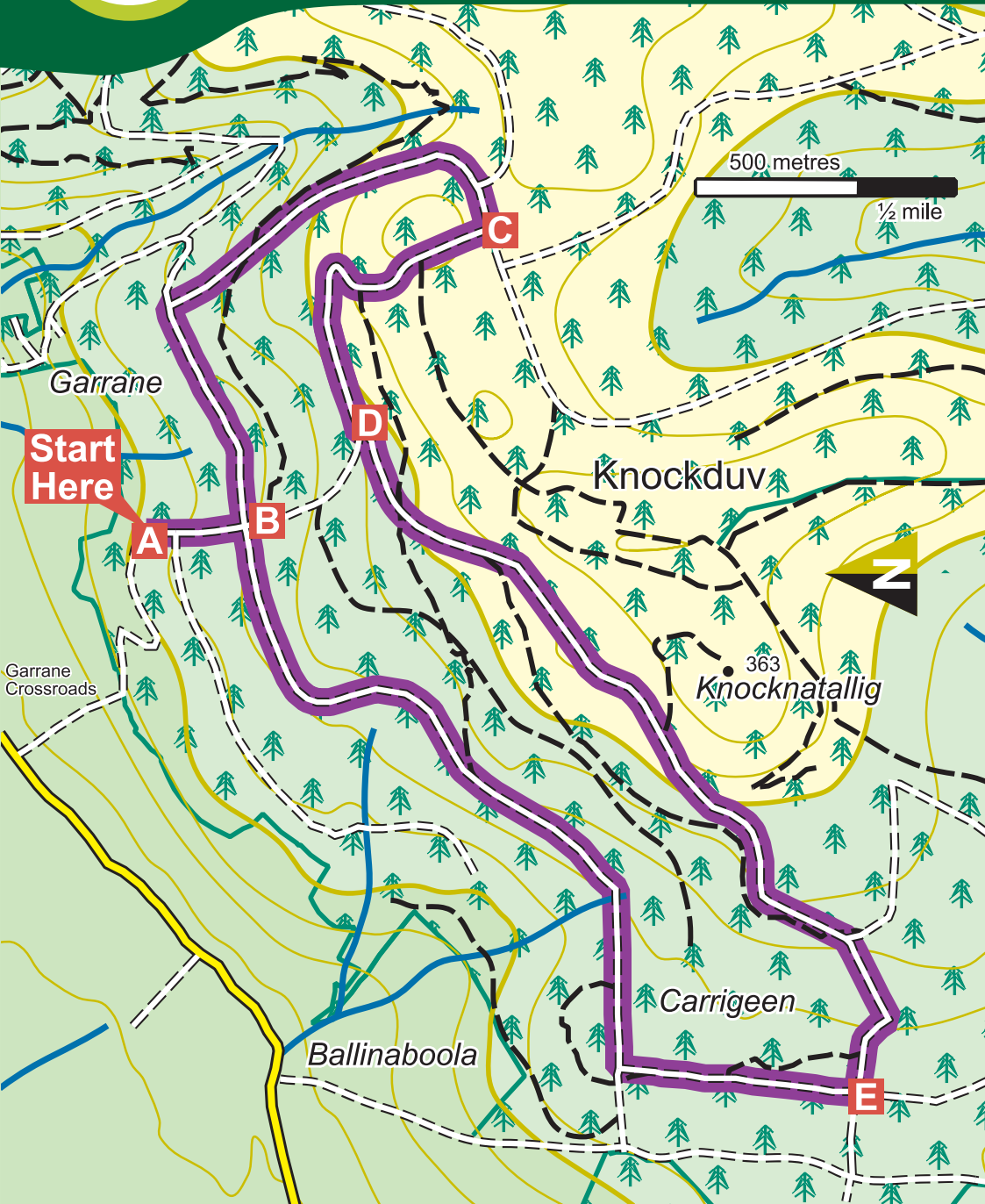




Trailhead 85

Ballyhoura Country Walks

Ballinaboola Woods



TRAILHEAD SERVICES
DIST / TIME
DIFFICULTY
TERRAIN
MIN. GEAR
GPRS

Ballinaboola Wood Carpark, Ballyhea, Cork
Ardpatrick (4km), Charleville (10km)
10km / 2hr30mins – 3hrs
Moderate
Forestry roads and tracks
Walking boots, raingear and liquids
8 38' 14"W (ballinaboola Woods Carpark) 52 18' 43"N



Simply different

Ballyhoura Country

Ballinaboola Woods

The village of Ballyhea is situated on the N20 between the towns of Charleville and Buttevant. From Ballyhea take a left off the N20 to Ardpatrick via the railway gates and continue straight on for 5km. Here you will see a finger post directing you to take a right onto a gravel road to the Trailhead car park. The Trailhead is located at the car park less than 1km in from road.

Directions

A-B. Starting from trailhead, follow the purple (and green) arrows uphill from the car park. The green arrows are for the shorter Knockduv Loop. After 300m you reach a crossroads from where the loop begins. You will return to here later - for now turn left.

B-C. Follow the forestry road for 800m to reach a 3-way junction where both loops veer right and uphill. Now follow a forestry road uphill for about 1km along where the loop is crossed by cycle tracks. At the top of the climb the loop swings right and after 100m is joined by the long-distance Ballyhoura Way (yellow arrows) at a 3-way junction. Continue straight at this junction. After only 100m turn right at the next 3-way junction.

C-D. Now the loop begins to descend. Continue downwards until you reach a Y - junction where the green Knockduv Loop and Ballyhoura Way (yellow) veers right. You veer left and uphill.

D-E. The loop ascends again and gives you good views of the surrounding countryside. After 2km it descends and reaches a crossroads where it rejoins the Ballhoura Way (yellow arrows) and turns right.

E-A. A straight section of almost 800m takes you to a T-junction where you turn right - after another 2km rejoin the crossroads you started the loop from. This time turn left (downhill) and enjoy the last 300m back to the trailhead.

Ballyhoura Office 063 91300, Emergency 112,
Office hours Monday to Friday from 9am - 5pm

Dogs must be kept on a lead at all times.
www.visitballyhoura.com



An Roinn Ealaíon, Cúlchraíochta,
Gníomhaíochtaí, Tuairiscí agus Gaerthaíochta
Department of Arts, Heritage,
Région, Rural and Gaerthaíochtaí Affairs



Realising our
Rural Potential
Action Plan for Rural Development



Fáilte Ireland

