

ATLANTIC EDGE
LIMERICK
EUROPEAN EMBRACE

Produced by Limerick City
& County Council

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#LimerickEdgeEmbrace



Comhairle Cathrach
& Contae Luimnigh

Limerick City
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ATLANTIC EDGE
LIMERICK
EUROPEAN EMBRACE



Discover Limerick

A vibrant place with
a warm welcome,
rich in history
and culture and
complemented by
charming and
scenic countryside.



Discover Limerick

At the estuary of the powerful River Shannon where the wild Atlantic waters meet the rushing river, discover Limerick, a Wild Atlantic Way Gateway City. Explore waves of history shaped by our unique Atlantic connection with the energy and excitement of our city streets. With limitless possibilities to uncover in our city, county and coastline, Limerick is the source of surprise and the perfect base for your Wild Atlantic Way journey.

CULTURE & HERITAGE



In the heart of the city journey through time and take in the remarkable archaeology at the 13th century King John's Castle. The Hunt Museum exhibits one of Ireland's greatest private collections of art and antiquities. Why not venture 20 minutes from the city to Lough Gur, a mystical and enchanting place with stunning views and ancient burial sites, tombs and forts. Further afield Foynes Flying Boat and Maritime Museum captures the story of how Foynes became one of the great aviation hubs of the world from 1937 to 1945. Back in the city, Georgian Limerick offers beautiful architecture, the People's Park and Limerick City Gallery of Art.

TASTE LIMERICK



Limerick is synonymous with good food, with its wide variety of cafés, restaurants and gastropubs providing some fantastic dining options. Located in the Golden Vale the perfect climate for local growers and producers, which transfer to the many menus around the city and county. The internationally famous Limerick Milk Market places local food produce at the heart of its offering. Local attractions includes dining options at castles, farm and cheese making tours, orchard tours and farmers markets. There is also a growing number of food festivals including the Pigtown Culture & Food Series and the West Limerick Food Series demonstrate the wealth of local produce in Limerick. Check out [limerickie](http://limerickie.com) for further details.

SPORTING CAPITAL



Limerick's love of rugby is world-renowned and a visit is not complete until you have seen Munster Rugby play at their home grounds in the iconic Thomond Park. You can also watch All-Ireland winning hurlers at the TUS Gaelic Grounds or enjoy a flutter at Limerick Racecourse, set in rolling countryside. The International Rugby Experience is an attraction highlight for sports lovers visiting the city. Limerick boasts many high quality golf courses; be sure to fit in a visit to Adare Manor who will be hosting the 2027 Ryder Cup.

ADVENTURE



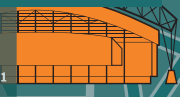
For the adventurers the city's waterfront can be seen from the mighty River Shannon on a kayak tour. Ballyhoura Mountain Bike Trail in County Limerick has 98km of trails surrounded by rolling green pastures, woodlands, hills and mountains. Take in the fresh air on a scenic riverbank walkway, or explore Limerick Greenway, a unique 40km walking and cycling route just waiting to be discovered.

FESTIVALS



Limerick's diverse festivals feature music, fashion, athletics and family fun, creating a year-round programme of entertainment. Limerick's St. Patrick's Festival and International Band Championship brings performers and marching bands to the city's streets in March; Limerick's favourite festival, Riverfest, kick starts each summer in May. For full festival listings go to [limerickie](http://limerickie.com).





Thomond Park & Munster Rugby Museum

TUS & Millennium Theatre

The Wild Geese Museum



King John's Castle

Treaty Stone

Treaty City Brewery

KING'S ISLAND

- Bus Station
- Railway Station
- Eating & Drinking
- Hotel
- Museum
- Parking
- Buildings of Interest
- Shopping
- Toilets



TUS Gaelic Grounds
Shannon Airport



Treaty Stone

17



King John's Castle

Treaty City Brewery



Saint Mary's Cathedral

Potato Market Merchant's Quay



The Hunt Museum & Café

Arthur's Quay Park

Arthur's Quay Shopping Centre



Ormston House

MARKET QUARTER



Limerick Museum



Limerick Milk Market



St John's Cathedral

Westfields Wetland Park

WATERFRONT



International Rugby Experience



Tait's Clock



Limerick Colbert Railway Station

GEORGIAN QUARTER



Limerick City Gallery of Art



The People's Museum of Limerick

People's Park

Lime Tree Theatre



Approximately 5 minute walk



1

King John's Castle

www.kingjohnscastle.com



Map Reference: E1

Located on the banks of the Shannon River, King John's Castle is Limerick's most iconic landmark. The castle brings to life over 800 years of dramatic local history. Explore the spacious outdoor courtyard, the visitor centre with state of the art interpretive activities and exhibitions which allows visitors to travel back in time and imagine life in the medieval era. Medieval courtyard games are available for all the family to enjoy, and there is also a café on site.



2

Limerick Milk Market

www.milkmarketlimerick.ie

Map Reference: F4

Established in 1852 and situated in the heart of Limerick City, Limerick Milk Market is a haven for all who care about the provenance and quality of the food they eat. From passionate amateur cooks to people on the look-out for variety and value or those who just love finer foods, this market has it all. Open Fridays, Saturdays and Sundays until 3pm, this market is perfect for a leisurely stroll to seek out new tastes and experiences.



3

International Rugby Experience

www.internationalrugbyexperience.com

Map Reference: D5

A unique, fully immersive, interactive visitor experience celebrating what it takes to become a rugby legend. Enjoy spectacular 360° views of Limerick city from its 6th floor legends gallery.

Treaty Stone and the Three Bridges Walk

www.limerick.ie

Map Reference: D1

The Treaty Stone in the heart of Limerick City is one of our most iconic links to the past; being the rock that the Treaty of Limerick was signed on in 1691, marking the surrender of the city to William of Orange. It is located on the Three Bridges Walk, a 3.6km trail along the Shannon rivers' edge, which starts at Arthur's Quay Park. The walk passes some of Limerick's most iconic landmarks including King John's Castle, Saint Mary's Cathedral and the Hunt Museum.



4

The Hunt Museum

www.huntmuseum.com



Map Reference: E3

Located on the waterfront, The Hunt Museum preserves and exhibits the original artefacts gathered over a lifetime, by John and Gertrude Hunt and known as the Hunt Collection. The Museum also displays its own collections, as well as visiting exhibitions of local, national and international significance.



5

Saint Mary's Cathedral

www.saintmaryscathedral.ie



Map Reference: E2

Located on the waterfront in the city centre, this Cathedral was once the Royal Palace for the King's of Thomond and was gifted to the Church of Ireland in 1168. This site has a rich history of more than 850 years. You can discover the Cathedral's impressive building through a self guided tour, with daily services and events. The Cathedral hosts regular lunchtime concerts. For further information see website.



6



7

Limerick Museum

www.limerick.ie/limerick-museum

Map Reference: D4

The Museum's collection illustrates the unique history of Limerick and its people, with over 63,000 objects in its possession, and a large number on display including archaeological artefacts, Limerick silver, Limerick lace, and military artefacts telling the story of Limerick through its objects. The Museum was established in 1916, and is the oldest local authority museum in the State.



8

People's Park

www.peoplesmuseum.ie

Map Reference: D7

People's Park, also situated in the heart of Georgian Limerick, was first opened in 1877, and has many iconic features including a band stand and a refurbished Rose Garden. The park has an excellent array of formal and semi-formal planting areas with a large selection of trees and a wonderful display of flowers during the summer months. The park has a playground for toddlers and children.



9

Limerick City Gallery of Art

www.gallery.limerick.ie

Map Reference: D6

Limerick City Gallery of Art (LCGA) invites you to see the best of contemporary art through the exhibition program and to enjoy the extensive collection of Irish art. LCGA is the largest contemporary art gallery in the Mid-West, annually exhibiting national and international artists in a diverse exhibition program.

The People's Museum of Limerick

www.peoplesmuseum.ie

Map Reference: D7

Situated in the heart of Limerick City, the beautifully restored Georgian townhouse at No. 2 Pery Square is home to The People's Museum of Limerick, a museum that aims to reflect the diverse lives of the people, buildings, and streets of Limerick.



10

Watersports and City Kayaking Tours

www.nevsailwatersports.ie

Map Reference: E3

Situated on the banks of the River Shannon, Limerick City has a number of watersports activities including kayaking. Suitable for all ages, individuals and in groups, this is an excellent opportunity to spend time on the water and to view the city from a different perspective. Kayaking tours available from 6 years +, and booking is required.



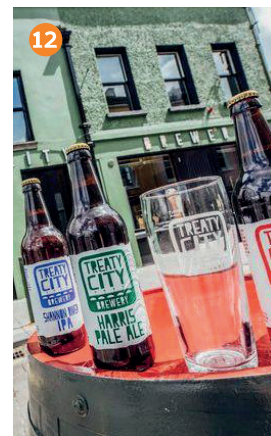
11

Treaty City Brewery

www.treatycitybrewery.ie

Map Reference: E1

Treaty City Brewery is an artisan craft brewery situated in a newly renovated 18th century building on Nicholas Street, in the heart of Medieval Limerick. This new micro brewery produces lagers, ales and IPAs, and is a unique visitor attraction providing tours, tastings and special events.



12



13

Thomond Park Stadium

www.thomondpark.ie

Map Reference: A1

This famous venue, renowned internationally for its unique history and atmosphere, boasts a capacity of 25,600. As home to Munster Rugby, its award winning design and structure incorporating symmetrical grandstands on the east and west sides makes it a truly unique landmark in Limerick City. The stadium is a multi-purpose venue, with conference facilities, museum, and stadium tours for rugby and sports fans alike.



14

Limerick Whiskey Experience

www.whiskeyexperience.ie



Map Reference: F5

Located in Limerick City this experience is situated in an architecturally iconic building now housing Mother Macs public house. The building itself is steeped in whiskey history as blenders/bottlers of Irish whiskey. The Limerick Whiskey Experience was founded to promote whiskey education and deliver enjoyable experiences in the comfortable surroundings of Peggy's Parlour. Through a combination of experience, passion and education the delights of whiskey are brought to your glass.



15

Lime Tree Theatre & The Belltable

www.limetreetheatre.ie

Map Reference: B7 and C6

Lime Tree Theatre is a state-of-the-art 510 seat theatre, on Mary Immaculate College campus, and close to the city centre. The theatre ensures that audiences in Limerick have access to the best of local, national, and international performing arts, as well as grassroots community and school performances. Located on O'Connell Street, The Belltable is renowned for its diverse arts and theatrical programming, hosting a wide range of performances.

University of Limerick, University Concert Hall & Sports Campus

www.ul.ie

Map Reference: off map

Founded in 1972 on the banks of the River Shannon at Castletroy, the University of Limerick (UL) campus and the University Concert Hall encompasses almost 138 hectares on both sides of the river. The campus has a number of woodland trails and is home to Ireland's first Olympic size swimming pool at the Sports Campus. UL is an excellent place to spend a day meandering through nature and observing the diversity of architecturally designed buildings, many award winning.



16

Wild Geese Museum and Limerick Civic Trust Walking Tour

www.limerickcivictrust.ie



Map Reference: E1

This new museum celebrates Limerick's Wild Geese heritage, depicting the lives of the Irish who served in European armies from the 16th century. The museum is a joint project by Limerick Civic Trust, Limerick Museum and the Consular Agency of France (French Embassy). King's Island has a rich history, and the walking tour covers some of Limerick's biggest attractions. Commencing at The Bishop's Palace the tour has a duration of approx. 60-90 mins.



17

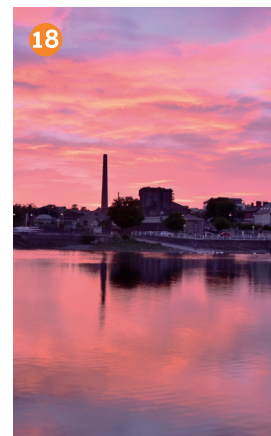
Limerick Walking Tour

www.adarewalks.wordpress.com/author/jhartogs/



Map Reference: E3

As one of Ireland's oldest cities, Limerick has a lot of history and stories to tell. This is a fully guided walking tour of Ireland's Treaty City by professional tour guide Jorgen Hartogs. A walking tour for the curious and the explorer, you will hear about the history of Limerick, from its Viking past to the present day, and you will see some interesting heritage and culture sites along the way. The tour has a duration of 120 - 150 minutes.



18

Attractions & Activities 1

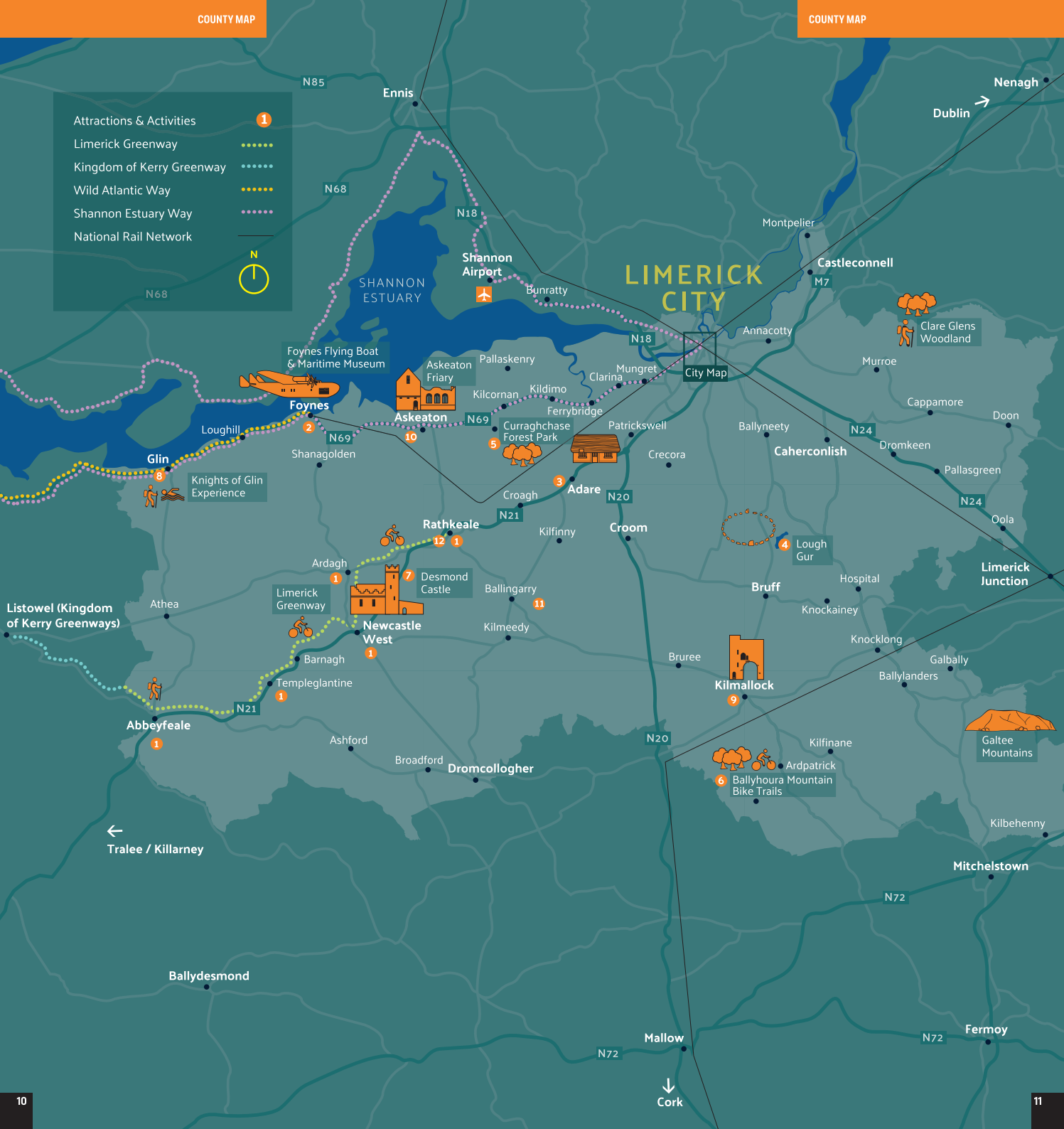
Limerick Greenway

Kingdom of Kerry Greenway

Wild Atlantic Way

Shannon Estuary Way

National Rail Network





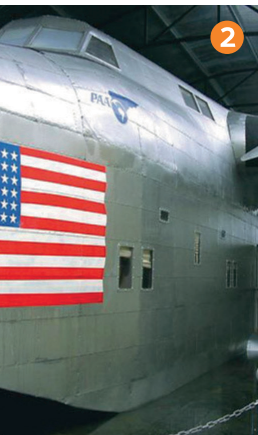
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Limerick Greenway

www.limerickgreenway.ie



Following the old Limerick – Kerry railway line, the 40km Limerick Greenway offers an authentic experience of rural Ireland for cyclists, runners, walkers and those of all abilities. Experience it in one visit or explore in shorter stages, perfect for day-trippers. Bike hire with shuttle service, car parking, accommodation and restaurants are available along the route, with trailheads/ Hubs at Rathkeale, Ardagh, Newcastle West, Barnagh, Templeglantine and Abbeyfeale. Continue exploring on the Kingdom of Kerry Greenway.



2

Foynes Flying Boat & Maritime Museum

www.flyingboatmuseum.com



Travel back to the 1930's and 1940's, when Foynes played a pivotal role in establishing commercial transatlantic passenger flights. The story of the role played by Foynes in the establishment of passenger flights across the Atlantic is excitingly captured in this museum. The museum includes a 3D hologram enacting the night the first Irish Coffee was made. The Maureen O'Hara Exhibition in the museum includes prized personal belongings and memorabilia of the Irish Hollywood movie star, including her Oscar for Lifetime Achievement.



3

Adare Heritage Centre & Desmond Castle Tours

www.adare.ie



Known to many as one of Ireland's prettiest villages with its picture postcard Main Street lined with thatched cottages and medieval buildings, Adare is rich in ancient and archaeological remains with a history dating back to 1200AD. Adare offers lots to do including sightseeing of heritage sites such as Desmond Castle, Trinitarian Monastery and Augustinian Abbey, walking trails along the River Maigue and an ornate Town Park. The Heritage Centre on Main Street provides a visitor information point.

Lough Gur Visitor Centre

www.loughgur.com



Lough Gur is at the heart of a remarkable archaeological landscape featuring sites that represent every major period of human history in Ireland from the Neolithic period. Home to Ireland's largest and oldest stone circle, megalithic tombs, magical fairy trail, Solstice playground and a visitor centre.



4

Curraghchase Forest Park

www.coillte.ie/site/curragh-chase-forest-park/

Curraghchase has over 300 hectares of rolling parkland, mixed woodland and lakes, and a number of looped trails for walking and cycling. As well as the iconic Curraghchase House, and an impressive arboretum. Curraghchase is a hidden gem. The perfect place to spend a day exploring and immersing yourself in nature and history. The park has lots of amenities with two playgrounds, and a café, fairy trail and campsite.



5

Ballyhoura Mountain Bike Trails

www.visitballyhoura.com/explore/ballyhoura-mountain-biking

Nestled in the Ballyhoura Mountain range in the south of County Limerick, this is the largest trail network of its kind in Ireland. With 98km of trails including forest road climbs, tight twisty singletrack with loads of ups and downs, boardwalks, tight turns and technical rocky sections all guaranteed to leave you energised. The elevated nature of the trails give rise to stunning panoramic views across the region. With lots of trails to choose from, car parking, toilets, showers and bike wash facilities on site.



6



7

Desmond Castle, Newcastle West

www.heritageireland.ie/places-to-visit/desmond-castle-newcastlewest/

The imposing Desmond Castle and Banqueting Hall situated in the heart of Newcastle West is a worthy historical landmark and a must-see for any visitor. The castle itself dates back to the 13th century, its main feature being the Desmond Banqueting Hall; an imposing two-storey structure that was used by the Earls of Desmond for banqueting and entertainment. Guided tours are available. Entry is free of charge.



8

Glin & The Knights of Glin Experience

www.limerick.ie

Glin, a picturesque village on the Shannon Estuary, boasts a rich & varied culture dating back to the early Celtic settlements of the Corbry Clan. It has been the ancestral home to the Knights of Glin since the 13th century, boasting two castles. The story of the Knights of Glin is proudly told in the new Knights Experience at the Library on Main Street. Glin Pier has borne witness to the rich trade & maritime history of the village and is a popular open water swimming location, with lifeguards during summer months. The Knights Walk through woodland and Knockaranna Walking Trail take in sweeping views over the Estuary.



9

Medieval Kilmallock

www.limerick.ie

Kilmallock is an important Norman town and was at the centre of Ireland's political development from the 13th through to the 17th century. A history that is evident through its rich architectural heritage with national monuments, including the towns' walls. It's an attractive town of great cultural & heritage value, one time being politically significant as a stronghold of the Earls of Desmond.

Askeaton

www.limerick.ie

One of the oldest towns in Ireland, on the banks of the Deel River, 3km upstream from the Shannon Estuary. Askeaton has a richness in history & ancient archaeological remains with a significant Desmond Castle on a tiny island dating to 1199, and the remains of the Hellfire Gentlemen's Club, dating to 1740. The Franciscan Friary dates from 1389 and remains one of the most beautiful complete ruins in Ireland and can be seen from the N69 Shannon Estuary Way driving route. Askeaton has a state of the art leisure centre & pool, and children's playground.

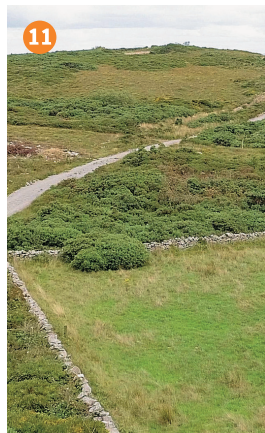


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Knockfierna Heritage & Famine Trail

Search on limerick.ie

Steeped in local history and folklore, the regionally significant hill of Knockfierna, or *Cnoc Dhonn Firinne*, can be accessed by a number of tracks near Ballingarry. This archaeological and historical journey will take you on a path to see cottages, which were abandoned during the famine, and a famine memorial. It is a scenic location for a hike with expansive views to Limerick, surrounding counties and to the Shannon Estuary.



11

Irish Palatine Centre

www.limerick.ie

In 1709 several hundred families from the German Palatinate settled in Ireland. Known as the Irish Palatines these families established roots in counties Kerry, Limerick, Tipperary & Wexford, but mainly in the Rathkeale area of County Limerick. This exhibition tells their story placing due emphasis on their innovative contributions to Irish farming life and on their formative role in the development of the world of Methodism. The exhibition is housed in the Rathkeale Station House at the Hub / trailhead to Limerick Greenway.



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