KNOCKARANNA

Distance: 8.5KM Time: 2hrs Difficulty: Easy. Generally flat trails with a mostly smooth surface and some gentle slopes or shallow steps. Route includes some obstacles such as stiles, gates, steps and rocky shoreline. Normal outdoor footwear can be worn.

To suit: Beginner Level Fitness, Casual walkers.

Terrain: Roads, Coastal paths and shoreline along Shannon Estuary. Minimum Gear: Walking shoes, waterproofs.

Note: A short section of this walk may be wet due to tides. Description: From the trail head (A) the Dark Road to the left of the Catholic Church leads you to the Town Park (D) passing the Georgian-style Hamilton Terrace on the right and Hamilton Tower on Knockaranna Hill in the foreground. In the Town Park continue over the footbridge around Knockaranna Point to Glin Pier. The walk continues east along the scenic Shannon Estuary shoreline on a return trip of 3KM (F). You can enjoy the coastal flora and fauna as described in detail on the habitat information panel in the Town Park. Return to the trail head by the same route. An alternative route from the Pier Road back to the Town Park passes the 'old Castle' - home of the Knights of Glin from C13th until its destruction in the 1600s.

THE PATH

Distance: 4.5KM Time: 1hr Difficulty: Easy. Generally flat trails with a mostly smooth surface and some gentle slopes or shallow steps. Normal outdoor footwear can be worn.

To suit: Beginner Level Fitness, Casual walkers.

Terrain: Roads, Coastal paths and shoreline along Shannon Estuary. Minimum Gear: Walking shoes

Description: From the trail head the Dark Road to the left of the Catholic Church leads you to the Path westward along the N69. To your left you pass the Bathing Lodge, Glin Castle, home to the Knights of Glin since the 1600s and the Gate Lodge. To the right panoramic views of the estuary as far as Scattery Island and the Clare coastline can be enjoyed. From (E) return along the same route to the trailhead.



Glin Heritage **Walking Trails**

Slive Oidhreachta an Ghleanna

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Leave No Trace

Principles of Outdoor Ethics

- Pleanáil agus Ullmhaigh Plan Ahead and Prepare
- Bíodh Meas agar ar Ohaoine Cile Be Respectful of Others
- Bíodh Meas agat ar Ainmhithe Leirme agus as Respect Farm Animals and Wildlife, Dogs on Leads
- Déan Oramháil a Ohiúscairt i Gceart Dispose of Waste Properly
- Fåg CDar a Bhionn Romhac Leave What You Find
- Fan ar Chalamh Crua Keep to Durable Ground
- Ná Las Tince No Fires Permitted



In case of emergency call 999





























Glin Heritage Walks

Glin Heritage Walks offer a wide variety of spectacular coastal and woodland scenery. Glin, a picturesque village on the Shannon Estuary, can boast a very rich and varied culture dating back to the early Celtic settlements of the Corbry Clan. Formerly known as Glencorbry, Glin has been the ancestral home to the Knights of Glin since C13th. Descendents of the FitzGeralds of Desmond, the Knights 'old' and 'new' castles bear witness to our historic past.

As you explore our heritage trails -

• The Knights Walk • Knockaranna • The Path

you will appreciate the wide variety of coastal and woodland habitats and enjoy the stunning views that await you along the way.

Trailhead: St. Pauls Heritage Centre and Wildflower Meadow on Church St. with ample, safe parking

Services: Glin town

Note: These trails may be undertaken as one long walk or three separate walks. Children should be closely supervised at all times. Dogs must be kept on leads.

OS Map: 64

KNIGHTS WALK

Distance: 4KM Time: 2hrs Difficulty: Moderate. This trail has some climbs and an uneven surface where the going is rough underfoot with some obstacles along the way. The routes are appropriate for people with a moderate level of fitness and some walking experience. Specific outdoor walking footwear and clothing is recommended.

To suit: Medium level fitness

Terrain: Open countryside and woodland with an elevation to 150m. Minimum Gear: Sturdy walking boots, waterproofs, rucksack, fluid, snack, mobile phone.

Description: From St Pauls Heritage Centre the trail heads south through The Race Field where many important race meetings were held in the last century. Now enter Rook Hall Wood over the footbridge where a plantation of oak and beech trees provide a natural habitat for many species of wildlife in the area. On exiting this wood continue your walk through Lissy Highe and enjoy sweeping views of Glin and the Shannon Estuary. Turning left (B) the Beech Walk pathway takes you to Tullyglas Hill and the viewing platform at 150 metres (C). Here you can enjoy a panoramic view of the surrounding counties of Kerry, Clare, Galway and Tipperary. To the west you can view as far as Cnoc An Oir in Ballybunion. To the north and north/west lies Scattery Island, Loop Head, Slievecallan and a sweeping view of the Shannon Estuary towards Shannon airport and the Silvermine Mountains in Tipperary. As you descend from Tullyglas Hill the tree-lined vista leads you northwards where you can enjoy more breathtaking views of the estuary. As you meander through the Furry Hill woodland you will observe a variety of native woodland flora and fauna and you can admire the majestic species of beech, oak, ash and holly trees. On leaving the wood you rejoin the path (B) and return by Lissy Highe to the trailhead at St Pauls Heritage Centre.

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